

Testimony about the “Sex Talk” I gave to my kids at 10 years old.

By Jim Stephens

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As my kids got older and older I began to be more and more concerned about what they were learning about sex in school and from their friends.

One never knows exactly what kids will hear from others their age or even in the “sex education” classes in schools these days. There is such a big variety of “home” situations of the other kids in school and I wanted to be sure my kids knew what we believed about sex and family.

Then one day I found out that my daughter had been given sex education and we had never received a notification that it was going to happen and we had no chance to preview it.

Now I felt like I had to do something, but I didn’t want to cause a scene at school and my daughter did not think the class was too offensive.

Anyway, I prayed about it and came up with an inspiration. When our children turn 10 years old, I would take them out to a restaurant for dessert and the “Sex Talk”. It didn’t have to be exactly on their tenth birthday, but we would at least set a date to do it very soon.

Since God gave me the inspiration, I assumed that it was my job to give each of them the Sex Talk. I have since talked about it with my wife and she also believes that this is a responsibility best handled by the father, rather than the mother, if possible. But surely after the Sex Talk from Dad, the daughters are freely able to talk to their Mother as well about the contents of the talk.

All of my children are fully adult and married now, but I recently asked each of them to tell me what they remembered about the “sex talk”.

I already talked with Abba about this, but I remember it really well too. Probably having to do with bonding with Abba in a McDonald's also. :)

What I remember most was that Abba was angry that I had learned the mechanics at school and that the school had not asked him for permission to teach it to me. That's why he initiated the 10 year old sex talk program for everyone. :)

As far as the talk itself, since I already knew the mechanics, I remember the most important point was the difference between how society viewed sex and dirtied it and how we value and honor it.

Definitely felt more like an adult after. Abba, you were always good at making us feel respected instead of talking to us like little kids.

Love,

Nari (girl, 1st born)

Like Nari said above. I really tried to be serious about this topic and treat them like they were more responsible now and like this was a “coming of age” ritual and initiation into adult knowledge.

I don’t remember all the details of course, but a lot of the talk was just going on divine inspiration at the time. Surely I prayed to be uniquely representing God to each of my children during the talk because they are all very different.

But here are some of the basic points that I wanted to cover.

1. God originally planned beautiful, responsible, and grown-up men and women prior to marriage and becoming husbands and wives. Their relationship would be a mature and loving one. Sex was a big part of their marriage in God’s plan, not only for having children, but for building their eternal relationship. But sex needed to be understood and practiced according to God’s original plan and not like in the fallen world.

2. The Fall of Man was a self-centered sex. It was not authorized by God therefore He could not Bless it. The only way to have God’s permission was through the Blessing of True Parents.

3. Sex is not just for having babies, but it is a holy experience with God. It is a lot of fun and it makes for a much better relationship between the father and mother.

4. An explanation of all the specifics of having physical sexual intimacy. I wanted to explain it to them in terms of the details of “this is what Omma and Appa do”.

As far as the specifics about having sex, I usually started out by talking about how we would take off all our clothes when we had our private time. Probably I explained various ways about how we took off the clothes, but I don’t remember details of that. Anyway we ended up completely naked.

I’m sure I talked about kissing and touching each other in private places. Then I would talk about what is an erection of the penis. The boys probably already knew about this, but the girls needed to understand the mechanics of how intercourse would work.

Next I would describe how a girl has three holes. The kids were aware of two holes of course, but most of them did not understand until this explanation that there are actually three holes. The third hole, of course, is the “baby hole”. I made sure they knew it’s a different hole so there would be no confusion. I remember a couple of the girls were not aware of a “baby hole”.

Once the Dad has an erection, he is able to put his penis into the “baby hole”.

From there it is a matter of getting more and more stimulated until ejaculation takes place. That would squirt the seed from Dad into Mom which could unite with her egg, fertilize it, and make a baby. I don’t remember what I said about the process of intercourse that leads to ejaculation, but I was willing to give them any details that they might want.

One of my core purposes was to establish that (a) Mom and Dad know all about sex and you don’t need to get your information from your friends and (b) we are always available to give you any detailed information that you might be curious about.

I remember this, yet at the same time not. We went to McDonald’s and had ice cream. There was actually a piece of plastic in my ice cream, you talked to the staff, and got me another one.

I remember the three holes part, but that’s actually about it. I don’t really remember feeling more mature afterwards or anything. Just kind of, “okay now I know.”

Kristin (girl, 2nd born)

I think I got better and better at the explanation as each child became ten years old. Hiromi and I looked forward to the day when we could tell the next child and they could “join the club” of those of us who knew about sex.

Ha ha, yeah I remember it well. You took me out to dairy queen. You explained the three holes on a woman and even drew a picture. Said which one the penis goes into to make a baby. Other than that I don’t know what you told me, but I left feeling more mature. Good bonding time. I think we talked about other related things.

Miilhan (boy, 3rd born)

I remember it pretty well. I was excited to finally get the talk after hearing vague hints about it from Nari, Kristin, and Miilhan. Made me feel more mature. It was at McDonald’s and we shared French fries.

I remember just going through the honest basic mechanics and learning that this is what you and Omma do. I remember that it was important to you that I learn it from you first before a friend or school, which made me feel more special. You let me ask any question I wanted and you answered it honestly, even silly ones (I asked what should I do if I couldn’t get “excited” enough, and you told me that probably wouldn’t be a problem. I think I might have even asked Miilhan this later).

Heungkook (boy, 4th born)

I don't remember the three holes part at all...

Mine was at an Applebee's because I might have gotten free a dessert coupon for good grades in school.

I remember feeling proud of that.

What I remember was that Dad made a very clear point that sex happens between a man and woman who truly love each other. There must be a commitment, value, and true love. Something like that.

I remember feeling as though I knew that already, but what I didn't know was how gay people did it. That was the main thing I wanted to know. So once Dad finished and I got a chance to ask, I was hesitant, but he said any questions... so I asked "how do... gay people... you know"?

It's funny how lightly Dad took the question. Laughed I think. He told me, and I thought it was wrong, weird, and gross. That was the main thing I remembered from that night. hahaha

Happy that Dad answered those questions, and had the chat with me. But I do think I should have had it earlier. Public School things get talked about a lot earlier than private or home schooling.

But yeah. Anyway, that's my input.

Soniyae (girl, 5th born)

We could freely talk about sex in our family once all the kids had received "the talk" so it became an open conversation whenever they wanted.

We could talk back to TV commercials selling products using sex. The girls would take pillows and cover the TV if some woman was showing too much skin so they could protect their brothers, and their Dad too.

Even now that the kids are all grown and Blessed, we sometimes check to make sure they are having good sex with their spouses.

I really believe that a close and committed relationship between the parents is a strong protection for the children as they grow. It gives them a future to look forward to for themselves. It gives them a belief in the ideal of the family.

A couple years ago God gave me an inspiration about having created the human body (in general) to have sexual relations about three times a week. Research has shown many positive benefits, both physically and emotionally, for both the man and the woman revolving around regular sex.

Although my wife and I are well into our 60's, we are still leading the way for our kids to have a vision of the joy and happiness that comes from a marriage centered on God and His Principles.

The last point is that most of my children told me that they believe that the "Sex Talk" should come earlier for the kids growing up today. Our society has become very over-sexualized. One of my kids even mentioned that seven years old would be the good time to give it.

There are no hard and fast rules about when to give the talk or what the contents should be. I believe that God will always be available to guide the parents if they decide to take the responsibility to guide their children in this very important area of life and love.

God's blessing upon you and your family.