

APPENDICES

Appendix 1: RESOURCES AND REFERENCE MATERIALS

Recommended Resources for understanding and getting to know others:

1. Your personal friends with experience in matching might be the most helpful of all
2. Website: All of the below information is listed on the following website. More resources will be continually added: <http://www.theMarriageLibrary.com/Matching>
3. Books about **Myers-Briggs Personality Inventory**. Get brief explanation and quiz on website. Most widely used and statistically based personality tool in the world.
 - a. **Just Your Type: Create the Relationship You've Always Wanted Using the Secrets of Personality Type** by Paul D. Tieger and Barbara Barron-Tieger
 - b. **Type Talk: The 16 Personality Types That Determine How We Live, Love, and Work** by Otto Kroeger and Janet M. Thuesen
 - c. **Please Understand Me I & II: Temperament, Character, Intelligence** by David Keirse
 - d. **Lovetypes: Discover Your Romantic Style And Find Your Soul Mate** by Alexander Avila
4. Book: **The Five Love Languages** by Gary Chapman. Explanation and quiz on website. Inspired Christian understanding of how we recognize when others are giving love to us. Research based and time tested.
5. Book: **The Five Languages of Apology** by Gary Chapman. Explanation and quiz on website. Research based understanding of what different people accept as a genuine apology. We can't restore hurts without this.
6. Book and DVDs: **Love and Respect** by Emerson Eggerich. Profound Christian understanding of what a husband needs and what a wife needs. Shows how a cycle of love and respect works or fails.
7. Book and Website: **The Flag Page** by Mark Gungor. Very helpful website for young and old to learn about themselves, relating better to others, and what motivates them in life. Excellent in preparation for matching.
8. Books: **It's Just My Nature!** and **The Child Whisperer** by Carol Tuttle. Website and quiz: <http://myenergyprofile.com/>. Explains how people have 4 "types" of different energy levels and ways of interacting. Helps show how various types would interact in relationships and in a marriage.
9. Websites: FOCCUS, PREPARE, or RELATE. Well researched surveys for understanding relationships within couples.
10. Article: **"Finding the Love of Your Life, Selection of a Marriage Partner, 29 Critical Matching Variables"** by Neil Clark Warren PhD the founder of eharmony.com.
11. Websites and books: Various horoscope systems can be interesting and helpful by describing personalities and relationships among the various types.
 - a. Oriental horoscopes (12 signs by year of birth)
 - b. Sun signs (12 signs by month of birth)

12. Book: **Act of Marriage** by Tim and Beverly LaHaye. Very excellent source book for understanding Christian sexual relations.
13. Books by Shaunti Feldhahn. Thoroughly researched information through thousands of deep interviews.
- a. **Through a Man's Eyes: Helping Women Understand the Visual Nature of Men** by Shaunti Feldhahn and Craig Gross
 - b. **For Young Women Only: What You Need to Know About How Guys Think** by Shaunti Feldhahn and Lisa A. Rice
 - c. **For Young Men Only: A Guy's Guide to the Alien Gender** by Jeff Feldhahn and Eric Rice
 - d. **For Women Only: What You Need to Know About the Inner Lives of Men** by Shaunti Feldhahn
 - e. **For Men Only: A Straightforward Guide to the Inner Lives of Women** by Shaunti Feldhahn and Jeff Feldhahn
 - f. **For Parents Only: Getting Inside the Head of Your Kid** by Shaunti Feldhahn and Lisa A. Rice
14. Book: **First Comes Love** by Reva Seth. Through the advice from 300 arranged marriages, she shares the importance of knowing yourself and identifying what's central in building a lasting marriage.
15. Paper: "Suggested Guidelines for Family-Centered Matchmaking and The Marriage Blessing Commitments", Dr. Mose Durst and Ken Hardman. A discussion paper on the step by step process of parent centered matching.
16. Book: **His Brain, Her Brain: How Divinely Designed Differences Can Strengthen Your Marriage** by Walt and Barb Larimore. Christian couple summarizes all the scientific research on differences between men and women and explain what it means for relationships.
15. Book: **Five Love Languages for Teenagers** by Gary Chapman. Identifies the ways in which parents and children express their love to one another and how to use that knowledge to build a lifelong relationship.
17. Book: **Wonderful Ways to Love a Teenager**, by Judy Ford. How to love a teenager.
18. Book: **Hey Dad, if you only knew....8 things teens want to tell their Fathers, but don't** by Josh Weidman and James Weidman
19. Book: **Shaping the Man inside Teenage Boys** by Bill Beausay. Surviving and enjoying these extraordinary years.
20. Book: **I Kissed Dating Goodbye** by Joshua Harris. Smart love looks beyond personal desire and the gratification of the moment. A "how to", to prepare oneself for marriage from God's perspective.
21. **True Love Volume I** - True Father's words on marriage 1979 -1989. True Father's Advice and anecdotes from the time of many first gen blessings 1979-1989. HSA-Books
22. DVD: **Tale of Two Brains: Teen Edit** by Mark Gungor (DVD). Explores the differences between men and women in an honest and hilarious way.
23. Book: **The Gift for Life** - 2nd Gen Blessing Department Guidebook Compiled by Inguk Seo, includes matching/Blessing testimonies from 1st and 2nd generation. HSA-Books

24. Article: **Is it Infatuation or True Love?** Marriage Library Archive 12-07-09 website
25. Articles: **The Meaning of the Blessing** - True Father (BFD-resources-matching) - website
26. Book: **Cheon-Hwa-Dang: House of Heaven's Harmony** by Hyung Jin Moon. Wonderful internal guidance on developing character and internal discipline. HSA-Books
27. Book: **The Seven Habits of Highly Effective Teens** by Sean Covey. Applies the seven habits to the life of teens including stories from all over the world (self-image, build more active goals, your goals for parenting).
28. Book: **Relationship Intelligence** by Richard Panzer.
29. Book: **Lady in Waiting** by Jones/Kendall. Biblically-based marriage preparation/comes with accompanying workbook. A book about finding God's biblically based marriage etc.
30. Book: **Saving Your Marriage Before it Starts** by Les & Leslie Parrot. Points to prepare yourself for being a qualified candidate. Asks the reader 7 important questions, through answering, the reader can gain valuable skills that help build a successful marriage.
31. Book: **Pure Gold – Encouraging Character Qualities in Marriage** by Susanne M. Alexander. Learn how to understand and practice positive character traits in your marriage. Great for before and after the matching and Blessing.
32. Book: **Boy Meets Girl** by Joshua Harris. Practical guidance on how to switch from "no dating" to building a God centered relationship that develops into commitment and marriage.
3. Book: **Laugh Your Way to a Better Marriage** by Mark Gungor. Funny and helpful understandings of the differences between men and women and how to best form a solid marriage. God centered.

Websites:

Unification Sanctuary Church: www.sanctuary-pa.org

Archive of 1,067 Daily Marriage Tips. Huge list of information on men, women, parenting, children, and more. Member ID and password required. (Use "Member" and "20112011")
<http://www.themarriagelibrary.com/Archives/MasterList/MasterList.htm>

Articles on Parenting: www.successtoparenting.com (Christian)

95 Weekly Sunday Service Bulletin Inserts. Each page contains a marriage tip, a parenting tip, and a spiritual tip. A compilation of insights and scientific research to help relationships in marriage, with children, and with God. <http://www.themarriagelibrary.com/Resources/Inserts/index.htm> Member ID and password required. (Use "Member" and "20112011")

Appendix 2: Suggested Questions for Learning About a Matching Candidate

Below are some suggestions for questions to think about and also to ask your potential match prior to the Commitment Ceremony.

Check this webpage for additional articles and questions about getting engaged to marry:

www.theMarriageLibrary.com/BeforeEngaged

1. Why do you feel ready to make the unconditional commitments required for marriage?
2. What does the role of a husband/wife mean to you in your life?
3. What is your passion?
4. What is your dream for your marriage?
5. How would you handle conflict?
6. How do you believe your life of faith should be lived?
7. What are your educational plans?
8. What are your professional/vocational plans?
9. How do you want to raise your family?
10. What is your relationship with God like and when do you feel closest to God?
11. How much Divine Principle Education have you had?
12. Which part of the Principle grabs you the most?
13. What church activities have you been involved in?
14. How do you view the roles of husband and wife in the family?
15. How do you envision your future family connecting to and participating in the church community and activities?
16. What kind of community and environment would you like your future family to live in?
17. Where would you like to live while you raise a family?
18. How big a family would you like to have?
19. When do you think you would want to start having children?
20. Do you have any health concerns?
21. Is there any reason to think having children could be a problem?
22. Have there been any health concerns in your family history that are hereditary?
23. Have there been mental health concerns in your family history?
24. Have you ever seen a mental health professional, been diagnosed or taken medication for any mental health problem, psychological or emotional condition, learning or developmental disability?
25. Ask questions about how the candidate was raised. Ask about grandparents and great-grandparents.
26. How were you disciplined as a child?
27. How would you like to discipline your children?
28. How do you manage your anger? Have you ever had a violent outburst?
29. What is your level of purity?
30. Have you ever dated or kissed?
31. Have you ever given your heart to another person?
32. Have you ever experienced any addictive behavior? (Alcohol, Drugs, Gambling, Pornography) Do you have any "Deal Breakers" (issues that make it impossible for you to consider a match with someone)? Examples of these could be language, location, race, purity level, education, vices, etc.
33. What are your passions and goals?
34. What is your career path and what are your plans to support a family?
35. What are your interests and aspirations?
36. Do you have any debts, such as college loans?
37. Unity and love between a husband and wife is not easy- men and women are so different. What are some things you would do to continuously grow and develop a healthy friendship and marriage?

38. How did your parents handle finances?
39. How do you see it working in your marriage?
40. How do you see you and your future spouse solving disagreements?
41. How was conflict and difficulty managed in your own family growing up?
42. If you were to find yourself struggling in your marriage, who would you go to for help?
43. What educational activities or supportive friendships might you choose to participate in as a couple?
44. What do you understand to be the role of Rev. Hyung Jin Moon and Rev Yeonah Moon?
45. Are you willing to go to a Sanctuary Church Blessing?

Appendix 3: Commitment Ceremony Ideas and Recommendations

This is your Commitment Ceremony. It is the first thing you work together to create.

Please take the time to create a ceremony that reflects who you are and who you want to become. Create a ceremony that begins your walk through life together by welcoming God into the heart of your relationship. Your ceremony may be simple or ornate, the important thing is you have worked together to create it and you are sincere in your commitment to God and each other.

Some Suggestions for the Components:

1. Family Pledge and Opening Prayer
2. Few words by a parent from each family
3. Candidates speak
 - a. What this Commitment means to me
 - b. Why my match is the best person for me.
 - c. Vows they have written, either individually or together
4. Prayer(s) of Blessing over the couple
5. Testimonies by parents, siblings, etc.
6. Exchange of gifts
7. Signing of the Matching Report Form
8. Closing Prayer
9. Share a meal and have cake
10. Photos

Some ideas couples have included in their ceremony:

1. A bowing ceremony before True Parents, before their parents, between the candidates and between the two families.
2. Having guests. This can be very appropriate and inspiring to share with another close Blessed Family or relatives like grandparents.
3. Gifts. Discuss and agree upon beforehand. The parents may give spiritual gifts to the couple like Holy Salt from one family and a CIG Candle and matches from the other.
4. Other things that you may want to consider for your ceremony:
 - a. A banner. This can be made by siblings that want to help.
 - b. A slide show of each person growing up, their meeting and growing together to this decision.
 - c. Music.
 - d. A reading of Father's words.
 - e. If there are quests from outside our church you may want to consider a brief introduction that puts our tradition of matching in a historical context.